

BIO :
Michel Gouin

ADDRESS : 138 Lapointe, Drummondville
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Occupation : Director of an organization providing assistance to intellectual handicapped people since 2000; Also a Director of an organization providing assistance to senior citizens, for over 10 years.

Status : Married with one child
My wife Chantal and my son Tommy
Are the most important people in my life.

Height : 5' 7"
Weight : 152

Birthplace : Drummondville, Quebec in 1960

Years running : 1980
Ultra running: 1989

Involvement in running (sport) community :

Co-race director of two races :

- 12 hours race since 2001
- 48 hour race since 2005
- Volunter at the Drummondville Cascades Triathlon
- Quebec rep of ACU since 2003

Achievement :

Participation at over 500 races and 75 ultras. The one in summer 2005 at World Challenge in Austria is the one I am particularly proud.

And in 2004, I did walk / run the Canada for the children wish foundation, so from the Pacific to the Atlantic.

My ultra running hero:

I have many, but few in particular : Phil Latulippe, Michel Careau and Odino Solino.

My web site : www.michelgouin.com

