



Association of Canadian Ultramarathoners
Association canadienne des ultra-marathoniens

DEC 2019

RECORD LIST

AGE GP	RECORD	NAME	DATE	LOCATION
	50 km	MEN		
OPEN	2:53:20 rls	Andy JONES, 29, ON	23Feb1991	Houston TX
M 40	3:12:21 rl	Niels MADSEN, 43, BC	01May1999	Saanich BC
M 45	3:05:32 r	Michel LAVOIE, 45, QC	23Jun2007	Niagara Falls ON
M 50	3:13:14 r	Michel LAVOIE, 51 QC	23Jun2012	Niagara Falls ON
M 55	3:32:39 rl	Jim SWADLING, 56, BC	03May2003	Victoria BC
M 60	3:43:15 rls	Herb PHILLIPS, 63, BC	01May2004	Victoria BC
M 65	3:51:44 rl	Jim SWADLING, 65, BC	12May2012	Victoria BC
M 70	4:17:15 tl	Jim SWADLING, 70, BC	13May2017	Victoria BC
M 75	5:22:34 r	Odino SOLIGO, 76, ON	11Oct1997	Warton ON
M 80	5:43:52 rl	Odino SOLIGO, 80, ON	14Apr2001	Toronto ON
M 85	14:50:01 Ts	Charles BENOVOY, 85, ON	16/17Sep1995	Ottawa ON
	50 km	WOMEN		
OPEN	3:28:20 r	Catrin JONES, 36, BC	4Dec2015	Doha, Qatar
W 40	3:48:09 rl	Beverley ANDERSON-ABBS, 42, CAN	31Mar2007	Cameron Park CA
W 45	3:44:13 rl	Beverley ANDERSON-ABBS, 45, CAN	10Apr2010	Madison WI
W 50	3:44:37 rl	Beverley ANDERSON-ABBS, 50, CAN	2Jun2014	Calgary AB
W 55	4:25:33 rs	Dawn HAMEL, 58, ON	14Jun2014	Niagara-on-the-Lake, ON
W 60	4:30:14 r	Christine DIRKS, 62, ON	14Jun2014	Niagara-on-the-Lake, ON

W65	5:40:13 Ts	Ghislaine BEAULIEU, 65, QC	30Aug2008	Drummondville QC
W70	6:28:39 rl	Marion LANDRY, 70, QC	13Dec2014	Tallahassee FL
W75	7:50:48 rls	Marion LANDRY, 75, QC	9-10Nov2019	Augusta, NJ
	50 miles	MEN		
OPEN	4:54:59 r	Andy JONES, 28, ON	30Sep1990	Hamilton ON
M 40	5:23:02 rls	Stefan FEKNER, 40, AB	27Feb1993	New York NY
M 45	5:42:51 rls	Victor HICKEY, 45, NB	20Jul2002	Levis QC
M 50	6:33:55 rls	Jim SWADLING, 50, BC	03May1997	Saanich BC
M 55	6:46:18 rs	Miles MARSHALL, 55, ON	25Sep1983	Brighton ENG
M 60	7:43:57 rl	Keith WAKELIN, 60, BC	11May2019	Victoria BC
M 65	8:35:59 Ts	Albert MICLETTE, 69, QC	10Sep2005	Ottawa ON
M 70	8:55:50 Ts	Albert MICLETTE, 70, QC	09Sep2006	Ottawa ON
M 75	10:08:31 Ts	Odino SOLIGO, 76, ON	13Sep1997	Ottawa ON
M 80	13:28:01 rs *	Odino SOLIGO, 80, ON	27May2001	Faenza ITA
	50 miles	WOMEN		
OPEN	6:14:45 rl	Beverley ANDERSON-ABBS, 49, CAN	01Feb2014	Sacramento CA
W 40	6:43:14 t	Tracy GARNEAU, 41, BC	10Apr2010	Sacramento CA
W 45	6:14:45 rl	Beverley ANDERSON-ABBS, 49, CAN	01Feb2014	Sacramento CA
W 50	6:18:38 rl	Beverley ANDERSON-ABBS, 50, CAN	7Feb2015	Sacramento, CA
W 55	7:52:39 rl	Barbara McLEOD, 55, ON	28Nov1992	Valley Stream NY
W 60	8:28:19 rls	Mae PALM, 60, BC	06May2000	Victoria BC
W 65	12:08:55 rls	Barbara McLEOD, 66, ON	27/28Feb2004	Houston TX
W 70	12:21:52 rls	Marion LANDRY, 70, QC	8-9Nov2014	Augusta NJ
W 75	12:54:57 rls	Marion LANDRY, 75, QC	9-10Nov2019	Augusta NJ
	100 km	MEN		
OPEN	6:33:03 rl	Erik SEEDHOUSE, 27, CAN	16Feb1992	Palamos SPA
M 40	6:51:52 rl	Stefan FEKNER, 40, AB	27Feb1993	New York NY

M 45	7:09:24 r	Victor HICKEY, 45, NB	21Jun2002	Touhout Belgium
M 50	7:39:50 r	Richard WEBB, 52, AB	08Nov2008	Tarquinia Italy
M 55	7:52:21 r	Herb PHILLIPS, 58, BC	07Nov1998	Harrison BC
M 60	8:07:09 r	Herb PHILLIPS, 60, BC	04Nov2000	Harrison BC
M 65	10:58:25 rl	Albert MICLETTE, 67, QC	09Jul2004	Levis QC
M 70 COR nc	11:34:17 Ts 10:49:41 rl	Albert MICLETTE, 70, QC Ray PRIVA, 70, USA	09Sep2006 03May1997	Ottawa ON Victoria BC
M 75	13:34:03 r	Odino SOLIGO, 77, ON	05Jul1998	Nanisivik NT
M 80	15:12:49 r	Odino SOLIGO, 80, ON	27May2001	Faenza ITA
	100 km	WOMEN		
OPEN COR nc	7:58:11rob 7:36:40 rl	Julie HAMULECKI, 37, ON Ellie GREENWOOD, 31, GBR/cpr AB	08Sep2018 01May2010	Sveti Martin Na Muri, Croatia Victoria BC
W 40	8:45:00 rob	Neela D'SOUZA, 40, CAN	08Sep2018	Sveti Martin Na Muri, Croatia
W 45	8:27:39 r	Bernadette BENSON, 48, CAN	20Jan2018	Kelmscott AUS
W 50	9:07:13 Ts	Bernadette BENSON, 50, CAN	15/16Jun2019	Campbelltown, AUS
W 55	9:33:41 r	Dawn HAMEL, 58, ON	14Jun2014	Niagara-on-the Lake ON
W 60	10:40:32 rl	Mae PALM, 60, BC	06May2000	Victoria BC
W 65	16:26:17 Tis	Marion LANDRY,66,QC	25/26Sep2010	Ottawa ON
W 70	16:18:54 rls	Marion LANDRY, 70, QC	8-9Nov2014	Augusta NJ
W 75	18:20:30 rls	Marion LANDRY, 75, QC	1-2Sep2019	Sylvania OH
	100 miles	MEN		
OPEN	12:05:43 rls	Andy JONES, 35, CAN	28Sep1997	Sylvania OH
M 40 COR nc	13:18:25 rl 12:27:01 Ts	Terry MARTIN, 42, ON Bernd HEINRICH, 44,	02Apr1988 19May1984	Queens NY Ottawa ON
M 45	14:47:16 t	Glen REDPATH, 45, CAN	02Apr2011	Raleigh NC
M 50	15:52:55 Tls*	David CARVER, 51, ON	31Mar2013	Ft Benning GA
M 55	16:07:28 rls*	Wayne GAUDET, 56, AB	7-8Sep2012	Katowice POL

M 60	19:03:06 Ts	Bryan MASON, 61, ON	09/10Sep2006	Ottawa ON
M 65	22:23:42.4 rl	Steve TOMAJKO, 66, ON	16/17Mar2019	Alcoa TN
M 70	21:10:35 Ts	Albert MICLETTE, 70, QC	09/10Sep2006	Ottawa ON
M 75	38:58:43 rl	Joe CLEARY, 77, ON	21-27Apr2017	Flushing Meadows NY
	100 miles	WOMEN		
OPEN	15:19:45 Tls	Michelle LEDUC, 42, ON	9-10Dec2017	Phoenix AZ
W 40	15:19:45 Tls	Michelle LEDUC, 42, ON	9-10Dec2017	Phoenix AZ
W 45	15:38:18 Tls	Bernadette BENSON, 45, CAN	5-6Apr2014	Coburg AUS
W 50 COR nc	15:24:44 Ts 17:33 rl	Bernadette BENSON,50,CAN Iris COOPER,51, SUI/cpr	15/16Jun2019 23Apr2011	Campbelltwn, AU Jerseyville ON
W 55	21:06:44 Tls	Sue ARMSTRONG, 55, ON	26/27Sep2015	Ottawa ON
W 60	26:34:44 rls	Lee Anne COHEN, 61, ON	4-7Sep2015	Manchester, TN
W 65	31:58:13 Ts	Marion LANDRY, 65, QC	28/29Aug2009	Drummondville QC
W 70	32:39:50 rls	Marion LANDRY, 70, QC	14-17May2015	Augusta, NJ
W 75	45:55:37 rl	Erlinda BIONDIC, 77, ON	19-21May2014	Augusta NJ
	1000 km	MEN		
OPEN	7d:14:43:37 rs	Trishul CHERNS, 30, CAN	26Mar/03Apr198	Melbourne AUS
M 40	9d:07:48:37 rls	Trishul CHERNS, 43, CAN	11/20Sep2000	Wards Island NY
M 45	7d:23:59:00 rs	Michel CAREAU, 47, QC	17/24Mar1988	Melbourne AUS
M 50	9d:12:26:50 r	Ron GEHL, 51, ON	29Apr/09May199	Wards Island NY
M 55	9d:04:50:32 Ts	Michel CAREAU, 55, QC	13/22Mar1996	Nanango AUS
	1000 km	WOMEN		
OPEN	8d:09:20:52 rls	Antana LOCS, 32, CAN	15/23Sep1991	Queens NY
W 40	11d:05:52:09 rls	Sarita EARP, 43, NS	19/30Sep1992	Queens NY
W 50	11d:16:31:55 rls	Barbara McLEOD, 53, ON	21Sep/03Oct1991	Queens NY
	700 miles	MEN		
OPEN	8d:23:25:23 rls	Trishul CHERNS, 29, CAN	26Apr/04May198	Queens NY
M 40	10d:16:53:39 rls	Trishul CHERNS, 42, CAN	20/30Jun1999	Wards Island NY
M 45	9d:13:06:51 rls	Michel CAREAU, 47, QC	20/30May1988	Queens NY

	700 miles	WOMEN		
OPEN	9d:18:0043 rls	Antana LOCS, 32, CAN	15/25Sep1991	Queens NY
	1000 miles	MEN		
OPEN	13d:07:50:45 rl	Trshul CHERNS, 29, CAN	26Apr/09May198	Queens NY
M 40	16d:10:19:35 rls	Trishul CHERNS, 42, CAN	20Jun/06Jul1999	Queens NY
M 45	13d:21:34:45 rl	Michel CAREAU, 47, QC	20May/03Jun198	Queens NY
	1000 miles	WOMEN		
OPEN	13d:23:18:32 rls	Antana LOCS, 32, CAN	15/29Sep1991	Queens NY
	1300 miles	MEN		
OPEN	21d:15:12:18 rls	Trishul CHERNS, 42, CAN	20Jun/11Jul1999	Queens NY
M 40	21d:15:12:18 rls	Trishul CHERNS, 42, CAN	20Jun/11Jul1999	Queens NY
M 45	22d:16:21:47 rls	Trishul CHERNS, 46, CAN	15Jun/07Jul2003	Jamaica NY
	1300 miles	WOMEN		
OPEN	18d:18:49:42 rl	Antana LOCS, 35, CAN	12Sep/01Oct1994	Wards Island NY
	6 hours	MEN		
OPEN	52m 1097y rls 84.688 km rls	Andy JONES, 35, CAN	28Sep1997	Sylvania OH
M 40	50m 1736y rls 82.054 km rls	Terry MARTIN, 42, ON	02Apr1988	Queens NY
M 45	49m 1580y Ts 80.302 km Ts	Steve KING, 46, AB	16Apr1995	Penticton BC
M 50	46m 115y Ts 74.135 km Ts	David CARVER, 51, ON	12Dec2012	Phoenix AZ
M 55	43m 1751y rl 70.803km rl	Paul CHENERY, 55, ON	09Jun2012	Kingston ON
M 60	40m 192y rl 64.55 km rl	Bryan MASON, 62, ON	09Jun2007	Kingston ON
M 65	37m 496y Ts 60 km	Albert MICLETTE 69, QC	10Sep2005	Ottawa ON
M 70	36m 507y Ts 58.400 km Ts	Albert MICLETTE, 70, QC	09Sep2006	Ottawa ON

M 75	33m 1642y rl 54.610 km rl	Hans MAIER, 76, ON	6Jun2015	Kingston ON
M 80	> 32m > 50km	Odino SOLIGO, 80, ON	14Apr2001	Toronto ON
	6 hours	WOMEN		
OPEN	46m 984y Tl 74.930 km Tl	Bernadette BENSON, 44, CAN	23Feb2014	Melbourne, AUS
W 40	46m 984y Tl 74.930 km Tl	Bernadette BENSON, 44, CAN	23Feb2014	Melbourne, AUS
W 45	44m 1659y Tls 72.329 km Tls	Bernadette BENSON, 49, CAN	21Apr2018	Coburg, AUS
W 50	42m 72y Ts 67.659 km Ts	Bernadette BENSON, 50, CAN	15-16Jun2019	Campbelltown, AUS
W 55	38m 1272y rls 62.318 km rls	Barbara McLEOD, 55, ON	01Nov1992	Columbus OH

W 60	39m 1315y rl 63.967 km rl	Christine DIRKS, 62, ON	21Sep2013	London ON
W 65	32m 873y Ts 52.298 km Ts	Ghislaine BEAULIEU, 65, QC	30Aug2008	Drummondville QC
W70	27m 0y rls 43.452km rls	Marion LANDRY, 70, QC	9Nov2014	Augusta NJ
	12 hours	MEN		
OPEN	98m 1357y rls 158.956 km rls	Andy JONES, 35, CAN	28Sep1997	Sylvania OH
M 40 CORnc	92m 477y rls 148.495 km rls 95m 870y Ts 154.00 km Ts	Terry MARTIN, 42, ON Bernd HEINRICH, 44 USA	02Apr1988 19May1984	Queens NY Ottawa ON
M 45	83m 0y rls 133.575 km rls	Peter HOLUBAR, 47, AB	13Nov1993	Sacramento CA
M 50	81.409 mi rs 131.015 km rs	David Carver, 51, ON	31Dec2012/ 01Jan2013	Morganton NC
M 55	74m 1566y rl 120.524 km rl	Charles SMITH, 55, ON	14May2016	Webster NY
M 60	69m 169y Ts 111.199 km Ts	Jim MOSES, 60, ON	16Sep1995	Ottawa ON

M 65	65m 210y Ts 104.800 km	Albert MICLETTE, 69, QC	10/11Sep2005	Ottawa ON
M 70	63m 668y Ts 102.000 km Ts	Albert MICLETTE, 70, QC	09Sep2006	Ottawa ON
M 75	53m 1645y Ts 86.799 km Ts	Odino SOLIGO, 76, ON	13Sep1997	Ottawa ON
M 80	>40m 864y >65 km	Odino SOLIGO, 80, ON	27May2001	Faenza ITA
	12 hours	WOMEN		
OPEN	82m 1716y Tl 133.535 Tl	Bernadette BENSON, 45, CAN	14-15Jun2014	Sydney AUS
W 40	81m 3y Tls 130.360 km	Michelle LEDUC, 42, ON	9-10Dec2017	Phoenix AZ
W 45	82m 1716y Tl 133.535 km	Bernadette BENSON, 45, CAN	14-15Jun2014	Sydney AUS
W 50	79m 843y Ts 127.909 km Ts CORnc 68m 617y Tis 110.0 km Tis	Bernadette BENSON, 50, CAN Dipali CUNNINGHAM, 52,	15/16Jun2019 25/26Sep2010	Campbelltown, AUS Ottawa ON
W 55	66m 637y Ts 106.799 km Ts	Barbara McLEOD, 55, ON	17Apr1994	Gainsville GA
W 60	see 100km	Mae PALM, 60, BC	06May2000	Victoria BC
W 65	58m 1749y T 94.942 km T	Ghislaine BEAULIEU, 65, QC	30Aug2008	Drummondville QC
W70	48m 0y rls 77.249 km rls	Marion LANDRY, 70, QC	9Nov2014	Augusta NJ
W 75	46m 0y rls 74.029 km rls	Marion LANDRY, 75, QC	9-10Nov2019	Augusta NJ
	24 hours	MEN		
OPEN	159m 1320y rl 257.093 km rl	David PROCTOR, 34, AB	11-12Apr2015	Turin, ITA
M 40	150m 1659y T 242.918 km T	Peter HOLUBAR, 44, AB	15/16Sep1990	Ottawa
M 45	139m 0y rls 223.698	Peter HOLUBAR, 47, AB	13/14Nov1993	Sacramento CA
M 50	134.651 mi r 217.7 km	David CARVER, 51, ON	31Dec2012/ 01Jan2013	Morganton NC

M 55 COR nc	135m 618y rl 217.827 km rl 135m 1644y Ti 218.500 km	Wayne GAUDET, 56, AB Yiannis KOUROS, 56, GRE	7-8Sep2012 29//30Sep2012	Katowice POL Ottawa ON
M 60	133m 683y rl 214.667 km rl	Wayne GAUDET, 60, AB	1/2Jul2017	Belfast IRE
M 65 COR nc	104m 1716y T 168.941 km T 113m 1040y Ti 182.829 km	Rolly PORTELANCE, 65, ON Bill Heldenbrand, 66, USA	13/41Sep2008 29/30Sep2012	Ottawa ON Ottawa ON
M 70	106m 15y T 170.605 km	Albert MICLETTE, 70, ON	09/10Sep2006	Ottawa ON
M 75	94m 1691y T 152.824 km T	Odino SOLIGO, 76, ON	13/14Sep1997	Ottawa
M 80	62m 241y rl 100 km	Phil LATULIPPE, 80, QC Odino SOLIGO, 80, ON	28Sep1999 27May2001	St-Donat QC Faenza ITA
M 85	40m 407y T 64.745 km	Charles BENOVOY, 85, ON	16/17Sep1995	Ottawa ON
	24 hours	WOMEN		
OPEN COR nc	148m 85y Tl 238.261 km 133m 347y T 214.487 km	Bernadette BENSON, 45, CAN Jamie DONALDSON, 34, USA	5-6Apr2014	Coburg AUS Ottawa ON
W 40	134m 756y rl 216.343km	Bernadette BENSON, 44, CAN	11-12May2013	Steenbergen, NET
W 45	148m 85y Tl 238.261 km Tl	Bernadette BENSON, 45, CAN	5-6Apr2014	Coburg AUS
W 50 COR nc	119m 1371y rl 192.766 km 118m 188y Ti 190.075 km	Sue LUCAS, 52, MB Dipali CUNNINGHAM, 52, AUS	17-18Sep2016 25/26Sep2010	London, ON Ottawa ON
W 55	109m 198y Tl 175.600 km Tl	Sue ARMSTRONG, 55, ON	26/27Sep2015	Ottawa ON
W 60	97m 1204y rl 157.208 km rl	Ghislaine BEAULIEU, 64, QC	28/29Jul2007	Drummondville QC
W 65	84m 1548y Ti 136.601 km Ti	Marion LANDRY, 66, QC	25/26Sep2010	Ottawa ON
W 70	77m 0y rl 123.92 km rl	Marion LANDRY, 70, QC	8-9Nov2014	Augusta NJ
W 75	70m 1612y rl 114.129 km rl	Marion LANDRY, 75, QC	1-2Sep2019	Sylvania OH

	48 hours	MEN		
OPEN	222m 972y rls 358.163 km rls	Dave PROCTOR, 37, AB	28Dec-3Jan2018	Glendale, AZ
M 40	188m 1634y T 304.051 km T	Sylvain BERNIER, 44, QC	28/29Aug2009	Drummondville QC
M 45	210m 0y rl 337.962 km	Peter HOLUBAR, 47, AB	13/15Nov1993	Sacramento CA
M 50	216m 880y Ts 348.422 km Ts	Phil LATULIPPE, 53, QC	01/03Oct1972	Petawawa ON
M 55	187m 0y Ts 300.947 km Ts	Michel CAREAU, 55, QC	13/15Mar1996	Nanango AUS
M 60	172m 1332y rl 278.025 km rl	George BIONDIC, 61, ON	28/30Dec2013	Phoenix, AZ
M 65	156m 0y rls 251.058 km rls	George BIONDIC, 65, ON	17/20May2018	Augusta, NJ
M 70	131m 0y rls 210.824km rls	Donald LANDRY, 71, QC	15-21May2017	Augusta, NJ
	48 hours	WOMEN		
OPEN	198m 0y rls 318.650 km rls	Marylou CORINO, 35, ON	15-19May2014	Augusta NJ
W 40	184m 130y rls 296.238 km rls	Charlotte VASARHELYI, 42, ON	28Dec-3Jan2019	Glendale, AZ
W 45	181m 0y rls 291.291 km rls	Lisa VAN WOLDE, 45, ON	16-19May2019	Augusta, NJ
W 50	177m 137y I 284.979 km i	Barbara McLEOD, 52, ON	26/28Jan1990	Pensacola FL
W 55	158m 0y rls 254.276 km rls	Barbara McLEOD, 55, ON	02/04May1993	Wards Island NY
W 60	143m 1458y T 231.469 km T	Barbara McLEOD, 63, ON	24/26Nov2000	Dallas TX
W 65	135m 1461y T 218.598 km T	Marion LANDRY, 65, QC	28/29Aug2009	Drummondville QC
W 70	126m 0y rls 202.777 km rls	Marion LANDRY, 70, QC	14-17May2015	Augusta, NJ
W 75	105m 0y rl 168.981 km rl	Erlinda BIONDIC, 77, ON	19-21May2017	Augusta NJ
	72 hour	MEN		

OPEN	310m 1291y rls 500.077 km rls	Dave PROCTOR, 37, AB	28Dec2017- 03Jan2018	Glendale, AZ
M 40	240m 0y rls 386.242 km rls	Trishul CHERNS, 43, CAN	11/14Sep2000	Wards Island NY
M 45	268m 1198y Ts 432.399 km Ts	Michel CAREAU, 48, QC	26/29Nov1993	Gateshead ENG
M 50	293m 942y si 472.399 km si	Michel CAREAU, 53, QC	28/31Oct1993	La Rochelle FRA
M 55	264m 0y Ts 424.866 km	Michel CAREAU, 55, QC	13/16Mar1996	Nanango AUS
M 60	247m 1327y rl 398.722 km rl	George BIONDIC, 60, ON	29Dec2012 – 01Jan2013	Phoenix AZ
M 65	211m 0y rl 339.572 km rl	George BIONDIC, 65, ON	17-20May2018	Augusta NJ
M 70	179m 0y rls 288.073 km rls	Charlie UPSHALL, 74, ON	9-19May2019	Augusta NJ
	72 hours	WOMEN		
OPEN	271m 0y rl 436.130 km	Marylou CORINO, 35, ON	15-19May2014	Augusta, NJ
W 40	250m 1240y rl 403.470 km rl	Charlotte VASARHELYI, 42, ON	28Dec-3Jan2019	Glendale, AZ
W 45	220m 0y rl 354.056 km rl	Lisa VAN WOLDE, 45, ON	16-19May2019	Augusta, NJ
W 50	233m 1118y Ts 375.999 km Ts	Barbara McLEOD, 51, ON	09/12Aug1988	Gateshead ENG
W 55	221m 0y rls 355.665 km rls	Barbara McLEOD, 55, ON	02/05May1993	Wards Island NY
W 60	186m 0y rls 299.337 km rls	Marion LANDRY, 63, QC	23/26Apr2008	Flushing Meadows NY
W 65	153m 961y rl 247.108 km	Marion LANDRY, 66, QC	12/15May2011	Augusta NJ
W 70	176m 0y rls 283.245 km	Marion LANDRY, 70, QC	14-17May2015	Augusta NJ
W 75	142m 0y rl 228.527 km rl	Erlinda BIONDIC, 75, ON	14-17May2015	Augusta NJ
	6 days	MEN		
OPEN	540m 1320y si 870.252 km si	David BENNETT, ,ON	16/21Mar1891	New York NY

M 40	434m 0y rls 698.455 km rls	Trishul CHERNS, 43, CAN	11/17Sep2000	Wards Island NY
M 45	500m 1452y T 805.999 km T	Michel CAREAU, 47, QC	26Nov/02Dec1988	Gateshead ENG
M 50	539m 1491y i 868.799 km i	Michel CAREAU, 53, QC	28Oct/03Nov1993	La Rochelle FRA
M 55	461m 538y T 742.399 km T	David LaPIERRE, 57, BC	16/22Nov1997	Colac AUS
M 60	441m 632y T 710.298 km T	David LaPIERRE, 60, BC	19/25Nov2000	Colac AUS
M 65	350m704y rls 563.914km rls	George BIONDIC, 65, ON	17/27Apr2018	Queens, NY
M 70	311m 0y rl 500.506 km rl	Charlie UPSHALL, 73, ON	14/20May2018	Augusta, NJ
M75	274m 1759y rl 442.569 km rl	Joe CLEARY, 77, ON	21-27Apr2017	Flushing Meadows NY
	6 days	WOMEN		
OPEN	456m 398y rl 734.225 km	Charlotte Vasarhelyi, 38, ON	7-13May2014	Balatonfured, Hungary
W 40	420m 653y rl 676.522 km rl	Charlotte Vasarhelyi, 42, ON	3-9May2018	Balatonfured, Hungary
W 45	340m 0y rls 547.177 km	Kimberley VAN DELST, 46, ON	17-27Apr2017	Flushing NY
W 50	393m 0y rls 632.472 km	Barbara McLEOD,50, ON	20/26May1988	Queens NY
W 55	404m 1156y rls 651.232 km rls	Barbara McLEOD,55, ON	02/08May1993	Wards Island NY
W 60	332m 0y rls 534.303 km	Marion LANDRY, 63, QC	23/29Apr2008	Flushing Meadows NY
W 70	203m 0y rl 326.697 km rl	Marion LANDRY, 72, QC	15-17May2017	Augusta, NJ
W 75	266m 0y rl 428.086 km	Erlinda BIONDIC, 76, ON	23/29Apr2016	Flushing NY
	7 days	MEN		
OPEN	576m 1660y rs 928.500 km rs	Trishul CHERNS, 30, CAN	26Mar/02Apr1987	Melbourne AUS
M 40	496m 0y rls 798.234 km rls	Trishul CHERNS, 43, CAN	11/18Sep2000	Wards Island NY

M 45	544m 1330y rs 876.699 km rs	Michel CAREAU, 47, QC	17/24Mar1988	Melbourne AUS
M 50	see 6 day			
M 55	502m 0y Ts 807.890 km Ts	Michel CAREAU, 55, QC	13/20Mar1996	Nanango AUS
M 60	see 6 day			
M 65	397m 1056y rls 639.875 km rls	George BIONDIC, 65, ON	17-27Apr2018	Queens, NY
M 70	346m 0y rls 56.833km rls	Charlie UPSHALL, 74,ON	9-19May2019	Augusta, NJ
	7 days	WOMEN		
OPEN	523m 0y rls 841.686 km rls	Antana LOCS, 32, CAN	15/22Sep1991	Queens NY
W 40	407m 0y rls 655.003 km rls	Sarita EARP, 43, NS	19/26Sep1992	Queens NY
W 45	372m 0y rls 598.676 km rls	Kimberley VAN DELST, 46, ON	17-27Apr2017	Flushing NY
W 50	443m 0y rls 712.939 km rls	Barbara McLEOD, 50, ON	20/27May1988	Queens NY
W 55	455m 0y rls 732.251 km rls	Barbara McLEOD, 55, ON	02/09May1993	Wards Island NY
W 60	337m 0y rls 606.722 km rls	Marion LANDRY, 63, QC	23/29Apr2008	Flushing Meadows NY
W 75	270m 0y rls 434.523 km	Erlinda BIONDIC,79,ON	9/19May2019	Augusta NJ
	10 days	MEN		
OPEN	771m 0y rls 1240.804 km rls	Trishul CHERNS, 29, CAN	26Apr/05May1986	Queens NY
M 40	654m 0y rls 1052.511 km rls	Trishul CHERNS, 43, CAN	11/21Sep2000	Wards Island NY
M 45	730m 0y rls 1174.821 km rls	Michel CAREAU, 47, QC	20/30May1988	Queens NY

M 50	640m 0y rl 1029.980 km rl	Ron GEHL, 51, ON	29Apr/09May1999	Wards Island NY
M 55	626m 0y Ts 1007.449 km Ts	David LaPIERRE, 55, BC	13/23Mar1996	Nanango AUS
M 60	587m 0y rl 944.685 km rl	George BIONDIC, 62, ON	19-29Apr2015	Queens NY
M 65	564m 1408y rl 908.957km rls	George BIONDIC, 65, ON	17-27Apr2018	Queens, NY
M 70	441m 0y rl 709.721 km rl	Charlie UPSHALL, 74, ON	9-19May2019	Augusta, NJ
	10 days	WOMEN		
OPEN	722m 0y rls 1161.946 km rls	Antana LOCS, 32, CAN	15/25Sep1991	Queens NY
W 40	555m 0y rls 893.185 km rls	Sarita EARP, 43, NS	19/29Sep1992	Queens NY
W 45	525m 0y rl 844.906 km rl	Kimberley VAN DELST, 46, ON	17-27Apr2017	Flushing NY
W 50	561m 0y rls 902.841 km rls	Barbara McLEOD, 50, ON	20/30May1988	Queens NY
W 55	543m 0y rl 873.873 km rl	Karnayati MORISON, 59, ON	26Apr/6May2006	Flushing Meadows NY
W 60	521m 0y rl 838.468 km rl	Marion LANDRY, 63, QC	23Apr/03May2008	Flushing Meadows NY
W 75	393m 0y rl 632.472 km rl	Erlinda BIONDIC,79,ON	9/19May2019	Augusta NJ

Symbols

r = road, l =loop course, ob=out-and-back s = split in longer race, T = track, m = mile, y = yard, i = indoor , **COR nc** = Canadian Open Record set in Canada by a non-Canadian citizen.

cpr = Canadian Permanent Resident