



Association of Canadian Ultramarathoners  
Association canadienne des ultra-marathoniens

25 Jan 2023

## RECORD LIST

AGE GP	RECORD	NAME	DATE	LOCATION
	<b>50 km</b>	<b>MEN</b>		
OPEN	2:48:32 rob	Chris BALESTRINI, 29, CAN	21May2021	Hamilton ON
M 40	3:12:21 rl	Niels MADSEN, 43, BC	01May1999	Saanich BC
M 45	3:05:32 r	Michel LAVOIE, 45, QC	23Jun2007	Niagara Falls ON
M 50	3:13:14 r	Michel LAVOIE, 51 QC	23Jun2012	Niagara Falls ON
M 55	3:32:39 rl	Jim SWADLING, 56, BC	03May2003	Victoria BC
M 60	3:43:15 rls	Herb PHILLIPS, 63, BC	01May2004	Victoria BC
M 65	3:51:44 rl	Jim SWADLING, 65, BC	12May2012	Victoria BC
M 70	4:17:15 tl	Jim SWADLING, 70, BC	13May2017	Victoria BC
M 75	5:22:34 r	Odino SOLIGO, 76, ON	11Oct1997	Warton ON
M 80	5:43:52 rl	Odino SOLIGO, 80, ON	14Apr2001	Toronto ON
M 85	14:50:01 Ts	Charles BENOVOY, 85, ON	16/17Sep1995	Ottawa ON
	<b>50 km</b>	<b>WOMEN</b>		
OPEN	3:22:24 rob	Krista DUCHENE, 44, ON	21May2021	Hamilton ON
W 40	3:48:09 rl	Beverley ANDERSON-ABBS, 42, CAN	31Mar2007	Cameron Park CA
W 45	3:44:13 rl	Beverley ANDERSON-ABBS, 45, CAN	10Apr2010	Madison WI
W 50	3:44:37 rl	Beverley ANDERSON-ABBS, 50, CAN	2Jun2014	Calgary AB
W 55	4:25:33 rs	Dawn HAMEL, 58, ON	14Jun2014	Niagara-on-the-Lake ON
W 60	4:30:14 r	Christine DIRKS, 62, ON	14Jun2014	Niagara-on-the-Lake ON

W 65	5:40:13 Ts	Ghislaine BEAULIEU, 65, QC	30Aug2008	Drummondville QC
W 70	6:28:39 rl	Marion LANDRY, 70, QC	13Dec2014	Tallahassee FL
W 75	7:50:48 rls	Marion LANDRY, 75, QC	9-10Nov2019	Augusta, NJ
W 80	11:31:36 rls	Erlinda BIONDIC, 82, ON	09/15May2022	Augusta NJ
	<b>50 miles</b>	<b>MEN</b>		
OPEN	4:54:59 r	Andy JONES, 28, ON	30Sep1990	Hamilton ON
M 40	5:23:02 rls	Stefan FEKNER, 40, AB	27Feb1993	New York NY
M 45	5:42:51 rls	Victor HICKEY, 45, NB	20Jul2002	Levis QC
M 50	6:33:55 rls	Jim SWADLING, 50, BC	03May1997	Saanich BC
M 55	6:46:18 rs	Miles MARSHALL, 55, ON	25Sep1983	Brighton ENG
M 60	7:43:57 rl	Keith WAKELIN, 60, BC	11May2019	Victoria BC
M 65	8:35:59 Ts	Albert MICLETTE, 69, QC	10Sep2005	Ottawa ON
M 70	8:55:50 Ts	Albert MICLETTE, 70, QC	09Sep2006	Ottawa ON
M 75	10:08:31 Ts	Odino SOLIGO, 76, ON	13Sep1997	Ottawa ON
M 80	13:28:01 rs *	Odino SOLIGO, 80, ON	27May2001	Faenza ITA
	<b>50 miles</b>	<b>WOMEN</b>		
OPEN	6:09:11 rl	Catrin JONES, 41, BC	18Oct2020	Victoria BC
W 40	6:09:11 rl	Catrin JONES, 41, BC	18Oct2020	Victoria BC
W 45	6:14:45 rl	Beverley ANDERSON-ABBS, 49, CAN	01Feb2014	Sacramento CA
W 50	6:18:38 rl	Beverley ANDERSON-ABBS, 50, CAN	7Feb2015	Sacramento CA
W 55	6:31:34 rl	Beverley ANDERSON-ABBS, 55, CAN	02Feb2020	Sacramento CA
W 60	8:28:19 rls	Mae PALM, 60, BC	06May2000	Victoria BC
W 65	12:08:55 rls	Barbara McLEOD, 66, ON	27/28Feb2004	Houston TX
W 70	12:21:52 rls	Marion LANDRY, 70, QC	8-9Nov2014	Augusta NJ
W 75	12:54:57 rls	Marion LANDRY, 75, QC	9-10Nov2019	Augusta NJ

W 80	23:24:28 rls	Erlinda BIONDIC, 82, ON	09/15May2022	Augusta NJ
	<b>100 km</b>	<b>MEN</b>		
OPEN	6:33:03 rl	Erik SEEDHOUSE, 27, CAN	16Feb1992	Palamos ESP
M 40	6:51:52 rl	Stefan FEKNER, 40, AB	27Feb1993	New York NY
M 45	7:09:24 r	Victor HICKEY, 45, NB	21Jun2002	Touhout BEL
M 50	7:39:50 r	Richard WEBB, 52, AB	08Nov2008	Tarquinia ITA
M 55	7:52:21 r	Herb PHILLIPS, 58, BC	07Nov1998	Harrison BC
M 60	8:07:09 r	Herb PHILLIPS, 60, BC	04Nov2000	Harrison BC
M 65	10:58:25 rl	Albert MICLETTE, 67, QC	09Jul2004	Levis QC
M 70	11:34:17 Ts	Albert MICLETTE, 70, QC	09Sep2006	Ottawa ON
<b>COR nc</b>	10:49:41 rl	Ray PRIVA, 70, USA	03May1997	Victoria BC
M 75	13:34:03 r	Odino SOLIGO, 77, ON	05Jul1998	Nanisivik NT
M 80	15:12:49 r	Odino SOLIGO, 80, ON	27May2001	Faenza ITA
	<b>100 km</b>	<b>WOMEN</b>		
OPEN	7:58:11rob	Julie HAMULECKI, 37, ON	08Sep2018	Sveti Martin Na Muri HRV
<b>COR nc</b>	7:36:40 rl	Ellie GREENWOOD, 31, GBR/cpr AB	01May2010	Victoria BC
W 40	8:45:00 rob	Neela D'SOUZA, 40, CAN	08Sep2018	Sveti Martin Na Muri HRV
W 45	8:27:39 r	Bernadette BENSON, 48, CAN	20Jan2018	Australind AUS
W 50	8:32:53 rl	Bernadette BENSON, 53, CAN	27Aug2022	Bernau bei Berlin GER
W 55	9:33:41 r	Dawn HAMEL, 58, ON	14Jun2014	Niagara-on-the Lake ON
W 60	10:40:32 rl	Mae PALM, 60, BC	06May2000	Victoria BC
W 65	16:26:17 Tis	Marion LANDRY, 66, QC	25/26Sep2010	Ottawa ON
W 70	16:18:54 rls	Marion LANDRY, 70, QC	8-9Nov2014	Augusta NJ
W 75	18:20:30 rls	Marion LANDRY, 75, QC	1-2Sep2019	Sylvania OH
W 80	29:25:40 rls	Erlinda BIONDIC, 82, ON	09/15May2022	Augusta NJ
	<b>100 miles</b>	<b>MEN</b>		

OPEN	12:05:43 rls	Andy JONES, 35, CAN	28Sep1997	Sylvania OH
M 40	13:18:25 rl	Terry MARTIN, 42, ON	02Apr1988	Queens NY
<b>COR nc</b>	12:27:01 Ts	Bernd HEINRICH, 44, USA	19May1984	Ottawa ON
M 45	14:47:16 t	Glen REDPATH, 45, CAN	02Apr2011	Raleigh NC
M 50	15:52:55 Tls*	David CARVER, 51, ON	31Mar2013	Ft Benning GA
M 55	16:07:28 rls*	Wayne GAUDET, 56, AB	7/8Sep2012	Katowice POL
M 60	19:03:06 Ts	Bryan MASON, 61, ON	09/10Sep2006	Ottawa ON
M 65	22:23:42.4 rl	Steve TOMAJKO, 66, ON	16/17Mar2019	Alcoa TN
M 70	21:10:35 Ts	Albert MICLETTE, 70, QC	09/10Sep2006	Ottawa ON
M 75	38:58:43 rl	Joe CLEARY, 77, ON	21/27Apr2017	Flushing Meadows NY
	<b>100 miles</b>	<b>WOMEN</b>		
OPEN	14:45:51 Tls	Amanda NELSON, 33, ON	11/12Jun2022	Sherwood Park AB
W 40	15:19:45 Tls	Michelle LEDUC, 42, ON	9-10Dec2017	Phoenix AZ
W 45	14:57:13 Tls	Viktoria BROWN, 45, ON	11/12Dec2021	Phoenix AZ
W 50	15:24:44 Ts	Bernadette BENSON, 50, CAN	15/16Jun2019	Campbelltown AUS
<b>COR nc</b>	17:33 rl	Iris COOPER, 51, SUI/cpr ON	23Apr2011	Jerseyville ON
W 55	21:06:44 Tls	Sue ARMSTRONG, 55, ON	26/27Sep2015	Ottawa ON
W 60	22:39:37 rls	Iris COOPER, 61, ON	19Sep2020	London, ON
W 65	31:58:13 Ts	Marion LANDRY, 65, QC	28/29Aug2009	Drummondville QC
W 70	32:39:50 rls	Marion LANDRY, 70, QC	14/17May2015	Augusta, NJ
W 75	45:55:37 rl	Erlinda BIONDIC, 77, ON	19/21May2014	Augusta NJ
W 80	46:47:50 rls	Erlinda BIONDIC, 82, ON	09/15May2022	Augusta NJ
	<b>1000 km</b>	<b>MEN</b>		
OPEN	7d:14:43:37 rs	Trishul CHERNS, 30, CAN	26Mar/03Apr 1987	Melbourne AUS
M 40	9d:07:48:37 rls	Trishul CHERNS, 43, CAN	11/20Sep2000	Wards Island NY
M 45	7d:23:59:00 rs	Michel CAREAU, 47, QC	17/24Mar1988	Melbourne AUS
M 50	9d:12:26:50 r	Ron GEHL, 51, ON	29Apr/09May 1999	Wards Island NY

M 55	9d:04:50:32 Ts	Michel CAREAU, 55, QC	13/22Mar1996	Nanango AUS
	<b>1000 km</b>	<b>WOMEN</b>		
OPEN	8d:09:20:52 rls	Antana LOCS, 32, CAN	15/23Sep1991	Queens NY
W 40	11d:05:52:09 rls	Sarita EARP, 43, NS	19/30Sep1992	Queens NY
W 50	11d:16:31:55 rls	Barbara McLEOD, 53, ON	21Sep/03Oct1991	Queens NY
	<b>700 miles</b>	<b>MEN</b>		
OPEN	8d:23:25:23 rls	Trishul CHERNS, 29, CAN	26Apr/04May 1986	Queens NY
M 40	10d:16:53:39 rls	Trishul CHERNS, 42, CAN	20/30Jun1999	Wards Island NY
M 45	9d:13:06:51 rls	Michel CAREAU, 47, QC	20/30May1988	Queens NY
	<b>700 miles</b>	<b>WOMEN</b>		
OPEN	9d:18:00:43 rls	Antana LOCS, 32, CAN	15/25Sep1991	Queens NY
	<b>1000 miles</b>	<b>MEN</b>		
OPEN	13d:07:50:45 rl	Trshul CHERNS, 29, CAN	26Apr/09May 1986	Queens NY
M 40	16d:10:19:35 rls	Trishul CHERNS, 42, CAN	20Jun/06Jul1999	Queens NY
M 45	13d:21:34:45 rl	Michel CAREAU, 47, QC	20May/03Jun1988	Queens NY
	<b>1000 miles</b>	<b>WOMEN</b>		
OPEN	13d:23:18:32 rls	Antana LOCS, 32, CAN	15/29Sep1991	Queens NY
	<b>1300 miles</b>	<b>MEN</b>		
OPEN	21d:15:12:18 rls	Trishul CHERNS, 42, CAN	20Jun/11Jul1999	Queens NY
M 40	21d:15:12:18 rls	Trishul CHERNS, 42, CAN	20Jun/11Jul1999	Queens NY
M 45	22d:16:21:47 rls	Trishul CHERNS, 46, CAN	15Jun/07Jul2003	Jamaica NY
	<b>1300 miles</b>	<b>WOMEN</b>		
OPEN	18d:18:49:42 rl	Antana LOCS, 35, CAN	12Sep/01Oct1994	Wards Island NY
	<b>6 hours</b>	<b>MEN</b>		
OPEN	52m 1097y rls 84.688 km rls	Andy JONES, 35, CAN	28Sep1997	Sylvania OH
M 40	50m 1736y rls 82.054 km rls	Terry MARTIN, 42, ON	02Apr1988	Queens NY

M 45	49m 1580y Ts 80.302 km Ts	Steve KING, 46, AB	16Apr1995	Penticton BC
M 50	46m 115y Ts 74.135 km Ts	David CARVER, 51, ON	12Dec2012	Phoenix AZ
M 55	43m 1751y rl 70.803km rl	Paul CHENERY, 55, ON	09Jun2012	Kingston ON
M 60	40m 192y rl 64.55 km rl	Bryan MASON, 62, ON	09Jun2007	Kingston ON
M 65	37m 496y Ts 60 km	Albert MICLETTE 69, QC	10Sep2005	Ottawa ON
M 70	36m 507y Ts 58.400 km Ts	Albert MICLETTE, 70, QC	09Sep2006	Ottawa ON
M 75	33m 1642y rl 54.610 km rl	Hans MAIER, 76, ON	6Jun2015	Kingston ON
M 80	> 32m > 50km	Odino SOLIGO, 80, ON	14Apr2001	Toronto ON
	<b>6 hours</b>	<b>WOMEN</b>		
OPEN	46m 1649y T 75.538 km T	Catrin JONES, 41, BC	15Nov2020	Duncan BC
W 40	46m 1649y T 75.538 km T	Catrin JONES, 41, BC	15Nov2020	Duncan BC
W 45	44m 1659y Tls 72.329 km Tls	Bernadette BENSON, 49, CAN	21Apr2018	Coburg AUS
W 50	44m 1013y Ts 71.737 km Ts	Bernadette BENSON, 53, CAN	03Jun2022	Barden Ridge AUS
W 55	38m 1272y rls 62.318 km rls	Barbara McLEOD, 55, ON	01Nov1992	Columbus OH
W 60	39m 1315y rl 63.967 km rl	Christine DIRKS, 62, ON	21Sep2013	London ON
W 65	32m 873y Ts 52.298 km Ts	Ghislaine BEAULIEU, 65, QC	30Aug2008	Drummondville QC
W70	27m 0y rls 43.452km rls	Marion LANDRY, 70, QC	9Nov2014	Augusta NJ
	<b>12 hours</b>	<b>MEN</b>		
OPEN	98m 1357y rls 158.956 km rls	Andy JONES, 35, CAN	28Sep1997	Sylvania OH

M 40	92m 477y rls 148.495 km rls	Terry MARTIN, 42, ON	02Apr1988	Queens NY
<b>COR nc</b>	95m 870y Ts 154.00 km Ts	Bernd HEINRICH, 44, USA	19May1984	Ottawa ON
M 45	83m 0y rls 133.575 km rls	Peter HOLUBAR, 47, AB	13Nov1993	Sacramento CA
M 50	81.409 mi rs 131.015 km rs	David Carver, 51, ON	31Dec2012/ 01Jan2013	Morganton NC
M 55	74m 1566y rl 120.524 km rl	Charles SMITH, 55, ON	14May2016	Webster NY
M 60	69m 169y Ts 111.199 km Ts	Jim MOSES, 60, ON	16Sep1995	Ottawa ON
M 65	65m 210y Ts 104.800 km	Albert MICLETTE, 69, QC	10/11Sep2005	Ottawa ON
M 70	63m 668y Ts 102.000 km Ts	Albert MICLETTE, 70, QC	09Sep2006	Ottawa ON
M 75	53m 1645y Ts 86.799 km Ts	Odino SOLIGO, 76, ON	13Sep1997	Ottawa ON
M 80	46m 269y rls 74.276km	Hans MAIER, 81, ON	19Sep2020	London ON
	<b>12 hours</b>	<b>WOMEN</b>		
OPEN	83m 1636y Tls 135.072km Tls	Amanda NELSON, 34, ON	10-11Dec2022	Phoenix AZ
W 40	81m 3y Tls 130.360 km	Michelle LEDUC, 42, ON	9-10Dec2017	Phoenix AZ
W 45	82m 1716y Tl 133.535 km	Bernadette BENSON, 45, CAN	14-15Jun2014	Sydney AUS
W 50	79m 843y Ts 127.909 km Ts	Bernadette BENSON, 50, CAN	15-16Jun2019	Campbelltown AUS
<b>COR nc</b>	68m 617y Tis 110.0 km Tis	Dipali CUNNINGHAM, 52, AUS	25-26Sep2010	Ottawa ON
W 55	66m 637y Ts 106.799 km Ts	Barbara McLEOD, 55, ON	17Apr1994	Gainsville GA
W 60	62m 241y rl 100.000km rl	Mae PALM, 60, BC	06May2000	Victoria BC
W 65	58m 1749y T 94.942 km T	Ghislaine BEAULIEU, 65, QC	30Aug2008	Drummondville QC
W 70	48m 0y rls 77.249 km rls	Marion LANDRY, 70, QC	9Nov2014	Augusta NJ

W 75	45m 1743y rls 74.014 km rls	Marion LANDRY, 75, QC	9-10Nov2019	Augusta NJ
	<b>24 hours</b>	<b>MEN</b>		
OPEN	159m 1320y rl 257.093 km rl	David PROCTOR, 34, AB	11-12Apr2015	Turin ITA
M 40	150m 1659y T 242.918 km T	Peter HOLUBAR, 44, AB	15/16Sep1990	Ottawa ON
M 45	139m 0y rls 223.698 rls	Peter HOLUBAR, 47, AB	13/14Nov1993	Sacramento CA
M 50	134.651 mi r 217.7 km r	David CARVER, 51, ON	31Dec2012/ 01Jan2013	Morganton NC
M 55	135m 618y rl 217.827 km rl	Wayne GAUDET, 56, AB	7-8Sep2012	Katowice POL
<b>COR nc</b>	135m 1644y Ti 218.500 km Ti	Yiannis KOUROS, 56, GRE	29//30Sep2012	Ottawa ON
M 60	133m 683y rl 214.667 km rl	Wayne GAUDET, 60, AB	1/2Jul2017	Belfast IRL
M 65	104m 1716y T 168.941 km T	Rolly PORTELANCE, 65, ON	13/41Sep2008	Ottawa ON
<b>COR nc</b>	113m 1040y Ti 182.829 km Ti	Bill Heldenbrand, 66, USA	29/30Sep2012	Ottawa ON
M 70	106m 15y T 170.605 km rl	Albert MICLETTE, 70, ON	09/10Sep2006	Ottawa ON
M 75	94m 1691y T 152.824 km T	Odino SOLIGO, 76, ON	13/14Sep1997	Ottawa ON
M 80	68m 934y rl 110.289km rl	Hans MAIER, 81, ON	19Sep2020	London ON
M 85	40m 407y T 64.745 km T	Charles BENOVOY, 85, ON	16/17Sep1995	Ottawa ON
	<b>24 hours</b>	<b>WOMEN</b>		
OPEN	148m 85y Tl 238.261 km	Bernadette BENSON, 45, CAN	5-6Apr2014	Coburg AUS
<b>COR nc</b>	133m 347y T 214.487 km T	Jamie DONALDSON, 34, USA		Ottawa ON
W 40	134m 756y rl 216.343km	Bernadette BENSON, 44, CAN	11-12May2013	Steenbergen NED
W 45	148m 85y Tl 238.261 km Tl	Bernadette BENSON, 45, CAN	5-6Apr2014	Coburg AUS



W 50	119m 1371y rl 192.766 km	Sue LUCAS, 52, MB	17-18Sep2016	London, ON
<b>COR nc</b>	118m 188y Ti 190.075 km Ti	Dipali CUNNINGHAM, 52, AUS	25/26Sep2010	Ottawa ON
W 55	109m 198y TI 175.600 km TI	Sue ARMSTRONG, 55, ON	26/27Sep2015	Ottawa ON
W 60	102m 169y rl 164.308 km rl	Iris COOPER, 61, ON	19Sep2020	London ON
W 65	84m 1548y Ti 136.601 km Ti	Marion LANDRY, 66, QC	25/26Sep2010	Ottawa ON
W 70	77m 0y rl 123.92 km rl	Marion LANDRY, 70, QC	8-9Nov2014	Augusta NJ
W 75	70m 1612y rl 114.129 km rl	Marion LANDRY, 75, QC	1-2Sep2019	Sylvania OH
W 80	51m 0y rls 82.077 km rls	Erlinda BIONDIC, 82, ON	09/15May2022	Augusta NJ
	<b>48 hours</b>	<b>MEN</b>		
OPEN	222m 972y rls 358.163 km rls	Dave PROCTOR, 37, AB	28Dec-3Jan2018	Glendale AZ
M 40	188m 1634y T 304.051 km T	Sylvain BERNIER, 44, QC	28/29Aug2009	Drummondville QC
M 45	210m 0y rl 337.962 km rl	Peter HOLUBAR, 47, AB	13/15Nov1993	Sacramento CA
M 50	216m 880y Ts 348.422 km Ts	Phil LATULIPPE, 53, QC	01/03Oct1972	Petawawa ON
M 55	187m 0y Ts 300.947 km Ts	Michel CAREAU, 55, QC	13/15Mar1996	Nanango AUS
M 60	172m 1332y rl 278.025 km rl	George BIONDIC, 61, ON	28/30Dec2013	Phoenix, AZ
M 65	156m 0y rls 251.058 km rls	George BIONDIC, 65, ON	17/20May2018	Augusta NJ
M 70	131m 0y rls 210.824km rls	Donald LANDRY, 71, QC	15-21May2017	Augusta NJ
	<b>48 hours</b>	<b>WOMEN</b>		
OPEN	215m 362y Ts 346.593 km Ts	Viktoria BROWN, 45, ON	18-26Jun2021	Duncan BC
W 40	184m 130y rls 296.238 km rls	Charlotte VASARHELYI, 42, ON	28Dec-3Jan2019	Glendale AZ

W 45	215m 362y Ts 346.593 km Ts	Viktoria BROWN, 45, ON	18-26Jun2021	Duncan BC
W 50	177m 137y i 284.979 km i	Barbara McLEOD, 52, ON	26/28Jan1990	Pensacola FL
W 55	158m 0y rls 254.276 km rls	Barbara McLEOD, 55, ON	02/04May1993	Wards Island NY
W 60	143m 1458y T 231.469 km T	Barbara McLEOD, 63, ON	24/26Nov2000	Dallas TX
W 65	135m 1461y T 218.598 km T	Marion LANDRY, 65, QC	28/29Aug2009	Drummondville QC
W 70	126m 0y rls 202.777 km rls	Marion LANDRY, 70, QC	14-17May2015	Augusta NJ
W 75	105m 0y rl 168.981 km rl	Erlinda BIONDIC, 77, ON	19-21May2017	Augusta NJ
W 80	103m 0y rls 165.762 km rls	Erlinda BIONDIC, 82, ON	09/15May2022	Augusta NJ
	<b>72 hour</b>	<b>MEN</b>		
OPEN	310m 1291y rls 500.077 km rls	Dave PROCTOR, 37, AB	28Dec2017- 03Jan2018	Glendale AZ
M 40	240m 0y rls 386.242 km rls	Trishul CHERNS, 43, CAN	11/14Sep2000	Wards Island NY
M 45	268m 1198y Ts 432.399 km Ts	Michel CAREAU, 48, QC	26/29Nov1993	Gateshead ENG
M 50	293m 942y si 472.399 km si	Michel CAREAU, 53, QC	28/31Oct1993	La Rochelle FRA
M 55	264m 0y Ts 424.866 km Ts	Michel CAREAU, 55, QC	13/16Mar1996	Nanango AUS
M 60	247m 1327y rl 398.722 km rl	George BIONDIC, 60, ON	29Dec2012 – 01Jan2013	Phoenix AZ
M 65	211m 0y rl 339.572 km rl	George BIONDIC, 65, ON	17-20May2018	Augusta NJ
M 70	179m 0y rls 288.073 km rls	Charlie UPSHALL, 74, ON	9-19May2019	Augusta NJ
	<b>72 hours</b>	<b>WOMEN</b>		
OPEN	273m 733y Ts 440.350 km Ts	Viktoria BROWN, 45, ON	18-26Jun2021	Duncan BC
W 40	250m 1240y rl 403.470 km rl	Charlotte VASARHELYI, 42, ON	28Dec-3Jan2019	Glendale AZ

W 45	273m 733y Ts 440.350 km Ts	Viktoria BROWN, 45, ON	18-26Jun2021	Duncan BC
W 50	233m 1118y Ts 375.999 km Ts	Barbara McLEOD, 51, ON	09-12Aug1988	Gateshead ENG
W 55	221m 0y rls 355.665 km rls	Barbara McLEOD, 55, ON	02-05May1993	Wards Island NY
W 60	186m 0y rls 299.337 km rls	Marion LANDRY, 63, QC	23-26Apr2008	Flushing Meadows NY
W 65	153m 961y rl 247.108 km	Marion LANDRY, 66, QC	12-15May2011	Augusta NJ
W 70	176m 0y rls 283.245 km	Marion LANDRY, 70, QC	14-17May2015	Augusta NJ
W 75	142m 0y rl 228.527 km rl	Erlinda BIONDIC, 75, ON	14-17May2015	Augusta NJ
W 80	135m 0y rls 217.261 km rls	Erlinda BIONDIC, 82, ON	09-15May2015	Augusta NJ
	<b>6 days</b>	<b>MEN</b>		
OPEN	540m 1320y si 870.252 km si	David BENNETT, ,ON	16-21Mar1891	New York NY
M 40	434m 0y rls 698.455 km rls	Trishul CHERNS, 43, CAN	11-17Sep2000	Wards Island NY
M 45	500m 1452y T 805.999 km T	Michel CAREAU, 47, QC	26Nov/02Dec1988	Gateshead ENG
M 50	539m 1491y i 868.799 km i	Michel CAREAU, 53, QC	28Oct/03Nov1993	La Rochelle FRA
M 55	461m 538y T 742.399 km T	David LaPIERRE, 57, BC	16-22Nov1997	Colac AUS
M 60	441m 632y T 710.298 km T	David LaPIERRE, 60, BC	19-25Nov2000	Colac AUS
M 65	405m 0y rls 651.784 km rls	Trishul CHERNS, 65, CAN	09-15May2022	Augusta NJ
M 70	311m 0y rl 500.506 km rl	Charlie UPSHALL, 73, ON	14-20May2018	Augusta NJ
M 75	274m 1759y rl 442.569 km rl	Joe CLEARY, 77, ON	21-27Apr2017	Flushing Meadows NY
	<b>6 days</b>	<b>WOMEN</b>		
OPEN	457m 760y il 736.136 km il	Viktoria BROWN, 46, ON	19-25Jun2022	Milwaukee WI

W 40	420m 653y rl 676.522 km rl	Charlotte VASARHELYI, 42, ON	3-9May2018	Balatonfured HUN
W 45	457m 760y il 736.136 km il	Viktoria BROWN, 46, ON	19-25Jun2022	Milwaukee WI
W 50	393m 0y rls 632.472 km rls	Barbara MCLEOD, 50, ON	20-26May1988	Queens NY
W 55	404m 1156y rls 651.232 km rls	Barbara MCLEOD, 55, ON	02-08May1993	Wards Island NY
W 60	332m 0y rls 534.303 km rls	Marion LANDRY, 63, QC	23-29Apr2008	Flushing Meadows NY
W 70	203m 0y rl 326.697 km rl	Marion LANDRY, 72, QC	15-17May2017	Augusta NJ
W 75	266m 0y rl 428.086 km	Erlinda BIONDIC, 76, ON	23-29Apr2016	Flushing NY
W 80	251m 0y rls 403.945 km rls	Erlinda BIONDIC, 82, ON	09-15May2022	Augusta NJ
	<b>7 days</b>	<b>MEN</b>		
OPEN	576m 1660y rs 928.500 km rs	Trishul CHERNS, 30, CAN	26Mar/02Apr198 7	Melbourne AUS
M 40	496m 0y rls 798.234 km rls	Trishul CHERNS, 43, CAN	11-18Sep2000	Wards Island NY
M 45	544m 1330y rs 876.699 km rs	Michel CAREAU, 47, QC	17-24Mar1988	Melbourne AUS
M 50	539m 1491y i 868.799 km i	Michel CAREAU, 53, QC	28Oct/03Nov1993	La Rochelle FRA
M 55	502m 0y Ts 807.890 km Ts	Michel CAREAU, 55, QC	13-20Mar1996	Nanango AUS
M 60	441m 632y T 710.298 km T	David LaPIERRE, 60, BC	19-25Nov2000	Colac AUS
M 65	397m 1056y rls 639.875 km rls	George BIONDIC, 65, ON	17-27Apr2018	Queens NY
M 70	346m 0y rls 56.833km rls	Charlie UPSHALL, 74, ON	9-19May2019	Augusta NJ
	<b>7 days</b>	<b>WOMEN</b>		
OPEN	523m 0y rls 841.686 km rls	Antana LOCS, 32, CAN	15/22Sep1991	Queens NY
W 40	407m 0y rls 655.003 km rls	Sarita EARP, 43, NS	19/26Sep1992	Queens NY

W 45	457m 760y il 736.136 km il	Viktoria BROWN, 46, ON	19-25Jun2022	Milwaukee WI
W 50	443m 0y rls 712.939 km rls	Barbara McLEOD, 50, ON	20/27May1988	Queens NY
W 55	455m 0y rls 732.251 km rls	Barbara McLEOD, 55, ON	02/09May1993	Wards Island NY
W 60	337m 0y rls 606.722 km rls	Marion LANDRY, 63, QC	23/29Apr2008	Flushing Meadows NY
W 75	270m 0y rls 434.523 km	Erlinda BIONDIC, 79, ON	9/19May2019	Augusta NJ
	<b>10 days</b>	<b>MEN</b>		
OPEN	771m 0y rls 1240.804 km rls	Trishul CHERNS, 29, CAN	26Apr/05May 1986	Queens NY
M 40	654m 0y rls 1052.511 km rls	Trishul CHERNS, 43, CAN	11/21Sep2000	Wards Island NY
M 45	730m 0y rls 1174.821 km rls	Michel CAREAU, 47, QC	20/30May1988	Queens NY
M 50	640m 0y rl 1029.980 km rl	Ron GEHL, 51, ON	29Apr/09May 1999	Wards Island NY
M 55	626m 0y Ts 1007.449 km Ts	David LaPIERRE, 55, BC	13/23Mar1996	Nanango AUS
M 60	587m 0y rl 944.685 km rl	George BIONDIC, 62, ON	19-29Apr2015	Queens NY
M 65	564m 1408y rl 908.957km rls	George BIONDIC, 65, ON	17-27Apr2018	Queens, NY
M 70	441m 0y rl 709.721 km rl	Charlie UPSHALL, 74, ON	9-19May2019	Augusta NJ
	<b>10 days</b>	<b>WOMEN</b>		
OPEN	722m 0y rls 1161.946 km rls	Antana LOCS, 32, CAN	15/25Sep1991	Queens NY
W 40	555m 0y rls 893.185 km rls	Sarita EARP, 43, NS	19/29Sep1992	Queens NY
W 45	525m 0y rl 844.906 km rl	Kimberley VAN DELST, 46, ON	17-27Apr2017	Flushing NY
W 50	561m 0y rls 902.841 km rls	Barbara McLEOD, 50, ON	20/30May1988	Queens NY
W 55	543m 0y rl 873.873 km rl	Karnayati MORISON, 59, ON	26Apr/6May2006	Flushing Meadows NY

<b>W 60</b>	<b>521m 0y rl</b> <b>838.468 km rl</b>	<b>Marion LANDRY, 63, QC</b>	<b>23Apr/03May</b> <b>2008</b>	<b>Flushing Meadows NY</b>
<b>W 75</b>	<b>393m 0y rl</b> <b>632.472 km rl</b>	<b>Erlinda BIONDIC,79,ON</b>	<b>9/19May2019</b>	<b>Augusta NJ</b>

**Symbols**

**r = road, l =loop course, ob=out-and-back s = split in longer race, T = track, m = mile,  
y = yard, i = indoor, **COR nc** = Canadian Open Record set in Canada by a non-Canadian citizen.  
cpr = Canadian Permanent Resident**